QUESTION OF: ENSURING HEALTHY LIVES AND PROMOTING WELL-BEING FOR ALL, AT ALL AGES (SDG 3) THROUGH SPORT

The General Assembly,

Bearing in mind that lack of supporting events and leisure interactions at the heart of a community leads to the bolstering of social ills such as conflicts, anti-social behaviour and social exclusion,

Deeply disturbed that sports is undervalued in developing countries as it is not considered a top priority in national budgets or in the education system of most developing countries,

Emphasising that resources must be allocated without discrimination to gender, age, disability or any other basis,

Noting with regret that more that 25% of the population suffer from non-transmissible diseases such as diabetes, cancer and cardiovascular diseases,

Deeply conscious that around 303,000 women die every year all over the world due to complications during pregnancy or childbirth,

1. Emphasises the need to publicise obesity, its causes and effects to bring about a certain level of medical awareness and to encourage the practice of sports;

2. Demands the implementation of sports-based education programmes in the formal education curriculum to disseminate information and to recognise the importance of practising sports which leads to the development of lifelong learning skills such as discipline and tolerance;
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3. **Invites** the promotion of sports based projects which can support the relief of communities and reconstruction of infrastructure affected by conflicts, natural disasters which would support affected individuals by giving them a sense of normality, identity and belonging;

4. **Notes with satisfaction**, countries seeking help from international financial institutions such as the International Monetary Fund and the Inter-American Development Bank;

5. **Acknowledges** the need for a global education system promoting sports from a young age so that people of all social stratifications are aware of the importance of physical activities and the need to attend such organisations;

6. **Endorses** sports as a platform to generate funds for the construction of medical centres and other facilities through partnerships with local and international bodies;

7. **Instructs** member states to ensure that women are given equal rights and opportunities in sports along with increasing their active participation in decision-making processes in policies and creating accountability mechanisms;

8. **Urges** the appropriate formation of people through the implementation of base training schemes for coaches;

9. **Calls upon** the relevant entities as well as the government to set up organisations that provide trained coaches and appropriate equipment to encourage the senior citizens to lead an active lifestyle;

10. **Designates** the international sports federations along with the UN to send skilled personnel and create sports programmes in refugee camps through trauma counselling and inclusion efforts with the aim to deliver social, psychological and physiological welfares;
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11. **Accepts** that by developing an active anti-doping programme at all levels of sports, all athletes will enjoy the right to participate and compete in sports, free from doping;

12. **Supports** the International Paralympics in its objective of providing adequate support and guidance to disabled people while endorsing the participation of famous Paralympic sportsmen to voluntarily share their experience to motivate disabled people to engage in sports and lead an active life;

13. **Encourages** member states to create a new 'Sports Research Initiative' and seek investment from the IMF to foster research associated with health centres regarding specific physical activities that will be beneficial to people with disabilities.